

# **8.033 Relativity**

## *Formula Sheet*

Reuben R.W. Wang

# 1 Hyperbolic Identities

$$\begin{aligned}
\sinh(x) &= \frac{e^x - e^{-x}}{2} \\
\cosh(x) &= \frac{e^x + e^{-x}}{2} \\
\sinh(x) &= i \sin(-ix) \\
\cosh(x) &= \cos(ix) \\
\tanh(x) &= \frac{\sinh(x)}{\cosh(x)} \\
\cosh^2(x) - \sinh^2(x) &= 1 \\
\cosh^2(x) &= \frac{1}{\sqrt{1 - \tanh^2(x)}}
\end{aligned}$$

# 2 Galilean Transformations

$$\begin{aligned}
\begin{bmatrix} t' \\ x' \\ y' \\ z' \end{bmatrix} &= \begin{bmatrix} 1 & 0 & 0 & 0 \\ -v_x & 1 & 0 & 0 \\ -v_y & 0 & 1 & 0 \\ -v_z & 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} t \\ x \\ y \\ z \end{bmatrix} \\
\begin{bmatrix} t \\ x \\ y \\ z \end{bmatrix} &= \begin{bmatrix} 1 & 0 & 0 & 0 \\ +v_x & 1 & 0 & 0 \\ +v_y & 0 & 1 & 0 \\ +v_z & 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} t' \\ x' \\ y' \\ z' \end{bmatrix}
\end{aligned}$$

# 3 Special Relativity

## 3.1 Invariants and Metric

$$\begin{aligned}
\Delta s^2 &= -\Delta t^2 + \Delta x^2 + \Delta y^2 + \Delta z^2 \\
ds^2 &= -dt^2 + dx^2 + dy^2 + dz^2 \\
ds^2 &= \eta_{\mu\nu} dx^\mu dx^\nu
\end{aligned}$$

1.  $\Delta s^2 < 0 \Rightarrow$  timelike separation
2.  $\Delta s^2 > 0 \Rightarrow$  spacelike separation
3.  $\Delta s^2 < 0 \Rightarrow$  null separation

Minkoski metric,

$$\begin{aligned}
\eta^{\mu\nu} &= \text{diag}(+1, 1, 1, 1) \\
\eta_{\mu\nu} &= \text{diag}(-1, 1, 1, 1)
\end{aligned}$$

## 3.2 Lorentz Transformations

$$\begin{aligned}
\begin{bmatrix} t' \\ x' \\ y' \\ z' \end{bmatrix} &= \begin{bmatrix} 1 & -\gamma\beta_x & -\gamma\beta_y & -\gamma\beta_z \\ -\gamma\beta_x & 1 & 0 & 0 \\ -\gamma\beta_y & 0 & 1 & 0 \\ -\gamma\beta_z & 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} t \\ x \\ y \\ z \end{bmatrix} \\
\begin{bmatrix} t \\ x \\ y \\ z \end{bmatrix} &= \begin{bmatrix} 1 & +\gamma\beta_x & +\gamma\beta_y & +\gamma\beta_z \\ +\gamma\beta_x & 1 & 0 & 0 \\ +\gamma\beta_y & 0 & 1 & 0 \\ +\gamma\beta_z & 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} t' \\ x' \\ y' \\ z' \end{bmatrix}
\end{aligned}$$

$$\text{where, } \gamma = \frac{1}{\sqrt{1 - \beta^2}}, \beta_i = \frac{v_i}{c}$$

As hyperbolic functions for unidirectional motion with *rapidity*  $\eta$ ,

$$\begin{bmatrix} t' \\ x' \end{bmatrix} = \begin{bmatrix} \cosh(\eta) & \sinh(\eta) \\ \sinh(\eta) & \cosh(\eta) \end{bmatrix} \begin{bmatrix} t \\ x \end{bmatrix}$$

## 3.3 3-Vectors

### 3.3.1 3-Velocity

$$(\vec{u})^i = \frac{dx^i}{dt}, (\vec{u})^i = \frac{u^i}{u^0}$$

a stationary observer sees a moving frame ( $S'$ ) with velocity  $v$ . There is another observer moving in  $S'$  with velocity  $u^x$  relative to  $S'$ . Both  $S'$  and  $u^x$  only have components in the x-direction.

$$\begin{aligned}
u_{obs}^x &= \frac{u^x + v}{1 + \frac{u^x v}{c^2}}, u_{obs}^{y,z} = \frac{u^{y,z}}{\gamma_v(1 + \frac{u^{y,z} v}{c^2})} \\
\gamma_v &= \frac{1}{\sqrt{1 - \left(\frac{v}{c}\right)^2}}
\end{aligned}$$

### 3.3.2 3-Momentum

$$\begin{aligned}
\vec{p} &= \gamma_v m \vec{v} \\
E^2 &= |\vec{p}|^2 c^2 + m^2 c^4
\end{aligned}$$

### 3.3.3 3-Force

$$(\vec{F})^i = \frac{dp^i}{dt} = m \frac{d}{dt}(\gamma \vec{v}^i)$$

For a boost in the x-direction,

$$F^{x'} = \frac{F^x - v \vec{F} \cdot \vec{u}}{1 - u_x v}, F^{y',z'} = \frac{F^{y,z}}{\gamma_v(1 - u_{y,z} v)}$$

where  $v$  is the primed frame velocity and  $\vec{u}$  is the velocity of the object (relative to unprimed rest frame) experiencing the force.

### 3.4 4-Vectors

#### 3.4.1 4-Velocity

$$u^\mu = \frac{dx^\mu(\tau)}{d\tau} = \frac{dx^\mu}{dt} \frac{dt}{d\tau} = \gamma_u \{c, u^x, u^y, u^z\}^\mu$$

$$u_\mu u^\mu = \eta_{\mu\nu} u^\nu u^\mu = -c^2$$

#### 3.4.2 4-Momentum

$$p^\mu = mu^\mu = m\gamma_u \{c, u^x, u^y, u^z\}^\mu$$

$$p_\mu p^\mu = \eta_{\mu\nu} p^\nu p^\mu = -(mc)^2 = -\frac{E_{rest}}{m}$$

$$\gamma = \frac{E}{mc^2}, \text{ for photons, } p_\mu p^\mu = 0.$$

#### 3.4.3 4-Acceleration and 4-Force

$$a^\mu = \frac{d^2 x^\mu}{d\tau^2} = \frac{du^\mu}{d\tau}$$

$$a^\mu u_\mu = \frac{1}{2} \frac{\partial}{\partial \tau} (u_\mu u^\mu) = 0$$

In the MCRF,  $u_{MCRF}^\mu = \{1, 0, 0, 0\}^\mu$

$$\Rightarrow a_{MCRF}^\mu = \{0, a_x, a_y, a_z\}^\mu$$

$$f^\mu = \frac{dp^\mu}{d\tau} = \gamma_u \{\vec{u} \cdot \vec{F}, \vec{F}\}^\mu$$

### 3.5 Uniform Accelerating Frames

For a uniform acceleration ( $g$ ) w.r.t a stationary lab frame observer (assuming we start from  $\tau = 0$ ),

$$x^\mu = \frac{1}{g} \{\sinh(g(\tau - \tau_0)), \cosh(g(\tau - \tau_0)) - 1, 0, 0\}^\mu$$

$$u^\mu = \{\cosh(g(\tau - \tau_0)), \sinh(g(\tau - \tau_0)), 0, 0\}^\mu$$

$$a^\mu = g \{\sinh(g(\tau - \tau_0)), \cosh(g(\tau - \tau_0)), 0, 0\}^\mu$$

$$3\text{-velocity} = v = \tanh(g(\tau - \tau_0))$$

$$\gamma = \frac{dt}{d\tau} = \cosh(g(\tau - \tau_0))$$

In general, starting from  $\tau = \tau_0$ ,

$$\Delta x = \frac{1}{g} \cosh(g(\tau - \tau_0)) \Big|_{\tau_1}^{\tau_2}$$

$$\Delta t = \frac{1}{g} \sinh(g(\tau - \tau_0)) \Big|_{\tau_1}^{\tau_2}$$

### 3.6 Electromagnetism

#### 3.6.1 Faraday Antisymmetric Tensor

$$F^{\mu\nu} = \begin{bmatrix} 0 & E_x & E_y & E_z \\ -E_X & 0 & B_z & -B_y \\ -E_y & -B_z & 0 & B_x \\ -E_z & B_y & -B_x & 0 \end{bmatrix}$$

$$F^{\mu\nu} = -F^{\nu\mu}$$

#### 3.6.2 Maxwell's Equations

$$\boxed{\partial_\mu F^{\mu\nu} = \mu_0 j^\nu, j^\nu = \{\rho, \vec{J}\}^\nu}$$

$$\Rightarrow \vec{F} = q\vec{E} + q(\vec{v} \times \vec{B})$$

$$\nabla \cdot \vec{E} = \frac{\rho}{\epsilon_0}$$

$$\nabla \times \vec{B} = \mu_0 \vec{J} + \frac{\partial}{\partial t} \vec{E}$$

$$\boxed{\epsilon^{\mu\nu\rho\sigma} \partial_\mu F_{\nu\rho} = 0^\sigma}$$

$$\Rightarrow \nabla \cdot \vec{B} = 0$$

$$\nabla \times \vec{E} = -\frac{\partial}{\partial t} \vec{B}$$

#### 3.6.3 Natural Units

$$c = 1$$

$$\Rightarrow E = \gamma m$$

### 3.6.4 E/B field Transformations

$$\begin{aligned} F^{\alpha'\beta'} &= \Lambda^{\alpha'}_{\mu} \Lambda^{\beta'}_{\nu} F^{\mu\nu} = \Lambda F \Lambda^T \\ \vec{E}'_{\parallel} &= \vec{E}_{\parallel} \\ \vec{E}'_{\perp} &= \gamma(\vec{E}_{\perp} + \vec{v} \times \vec{B}) \\ \vec{B}'_{\parallel} &= \vec{B}_{\parallel} \\ \vec{B}'_{\perp} &= \gamma(\vec{B}_{\perp} - \vec{v} \times \vec{E}) \\ \parallel \text{ and } \perp \text{ are relative to boost,} \end{aligned}$$

### 3.6.5 Continuity Equations

$$\begin{aligned} \partial_{\mu} j^{\mu} &= 0, j^{\mu} = \{\rho, \vec{J}\}^{\mu} \\ \text{Number Density: } n^{\mu} &= \gamma \{N_0, N_0 \vec{u}\}^{\mu} \\ N &= \gamma N_0, \frac{\partial N}{\partial t} + \nabla \cdot \vec{N} = 0 \end{aligned}$$

## 3.7 Stress Energy tensors

$T^{\mu\nu} = T^{\nu\mu}$ , where

1.  $T^{00} \Rightarrow$  Energy Density
2.  $T^{0i} \Rightarrow$  Energy Current Density
3.  $T^{i0} \Rightarrow$  Momentum Density
4.  $T^{00} \Rightarrow$  Momentum Flux

$$\nabla_{\mu} T^{\mu\nu} = 0$$

Dust:

$$T^{\mu\nu} = \rho u^{\mu} u^{\nu}$$

Perfect Fluid:

$$T^{\mu\nu} = (\rho + P) u^{\mu} u^{\nu} + P \eta^{\mu\nu}$$

### 3.7.1 Equation of State

$$P = w\rho$$

1.  $w = \frac{1}{3} \Rightarrow$  Radiation
2.  $w = 0 \Rightarrow$  Dust
3.  $w = -\frac{1}{3} \Rightarrow$  Cosmic Strings
4.  $w = -\frac{2}{3} \Rightarrow$  Domain Walls
5.  $w = -1 \Rightarrow$  Cosmological Constant

### 3.7.2 EM Stress-Energy Tensor

$$\begin{aligned} T^{\mu\nu} &= \frac{1}{\mu_0} (F^{\mu\alpha} F_{\alpha}^{\nu} - \frac{1}{4} \eta^{\mu\nu} F^{\alpha\beta} F^{\alpha\beta}) \\ T^{\mu}_{\mu} &= \eta_{\mu\nu} T^{\mu\nu} = 0 \\ T^{0i} &= (\vec{S})^i = \left( \frac{\vec{E} \times \vec{B}}{\mu_0} \right)^i \end{aligned}$$

## 4 General Relativity

### 4.1 Gravitational Redshift

$$\frac{\nu'}{\nu} = \frac{E'}{E} = 1 - \frac{\Delta\phi}{c^2}$$

For a region of constant G field,

$$\frac{\nu'}{\nu} = 1 - \frac{gy}{c^2}$$

$$\square\phi = -\frac{4\pi G}{c^2} \rho_E, \rho_E = \text{Energy Density}$$

### 4.2 Geodesic Equations

$$\begin{aligned} u^{\mu} \nabla_{\mu} u^{\nu} &= 0, \frac{d}{d\tau} = u^{\mu} \partial_{\mu} \\ \frac{d}{d\tau}(u_{\rho}) &= \frac{1}{2} (\partial_{\rho} g_{\mu\nu}) u^{\mu} u^{\nu} = \frac{1}{2} g_{\mu\nu,\rho} u^{\mu} u^{\nu} \end{aligned}$$

For massless particle,

$$\begin{aligned} \frac{d}{d\lambda}(p_{\rho}) &= \frac{1}{2} (\partial_{\rho} g_{\mu\nu}) p^{\mu} p^{\nu} \\ \frac{d^2}{d\tau^2} x^{\rho} &= -\Gamma^{\rho}_{\mu\nu} u^{\mu} u^{\nu} \end{aligned}$$

### 4.3 Christoffel Symbol

$$\Gamma^{\rho}_{\mu\nu} = \frac{1}{2} g^{\rho\sigma} (\partial_{\mu} g_{\nu\sigma} + \partial_{\nu} g_{\mu\sigma} - \partial_{\sigma} g_{\mu\nu})$$

### 4.4 Covariant Derivatives

$$\begin{aligned} \nabla_{\mu} \phi &= \partial_{\mu} \phi \\ \nabla_{\mu} V^{\alpha} &= \partial_{\mu} V^{\alpha} + \Gamma^{\alpha}_{\mu\beta} V^{\beta} \\ \nabla_{\mu} V_{\alpha} &= \partial_{\mu} V_{\alpha} - \Gamma^{\beta}_{\mu\alpha} V_{\beta} \\ \nabla_{\mu} T^{\alpha\beta} &= \partial_{\mu\nu} T^{\alpha\beta} + \Gamma^{\alpha}_{\mu\rho} T^{\rho\beta} + \Gamma^{\beta}_{\mu\rho} T^{\alpha\rho} \\ \nabla_{\mu} T_{\alpha\beta} &= \partial_{\mu\nu} T_{\alpha\beta} - \Gamma^{\rho}_{\mu\alpha} T_{\rho\beta} - \Gamma^{\rho}_{\mu\beta} T_{\alpha\rho} \end{aligned}$$

## 4.5 Riemann Curvature Tensor

## 4.6 Einstein's Field Equation

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi GT_{\mu\nu}$$

$$G^{\mu\nu} = 8\pi GT^{\mu\nu}$$

$k = -1 \Rightarrow$  Open Universe

$k = 0 \Rightarrow$  Flat Universe

$k = 1 \Rightarrow$  Closed Universe

## 4.7 Blackhole Metrics

Vacuum solutions,

$$\Rightarrow G^{\mu\nu} = 0 \Rightarrow R^{\mu\nu} = 0 \Rightarrow R = 0$$

Schwarzschild Blackholes

$$ds^2 = -(1 - \frac{2GM}{r})dt^2 + \frac{dr^2}{(1 - \frac{2GM}{r})} + r^2d\Omega^2$$

where,  $d\Omega = d\theta^2 + \sin^2(\theta)d\phi^2$

$r_s = \frac{2GM}{r}$ , is the Event Horizon

Reissner-Nordström Blackholes

$$ds^2 = -f(r)dt^2 + f^{-1}(r)dr^2 + r^2d\Omega^2$$

where,  $f(r) = 1 - \frac{r_s}{r} + \frac{r_Q^2}{r}$

This has 2 'Horizon' solutions,

Event Horizon:  $r_+ = \frac{1}{2}(r_s + \sqrt{r_s^2 - 4r_Q^2})$

Cauchy Horizon:  $r_- = \frac{1}{2}(r_s - \sqrt{r_s^2 - 4r_Q^2})$

$r_s = 2r_Q \Rightarrow$  Extremal Solution

Kerr Blackholes

## 5 Cosmology

### 5.1 Friedman-Robertson-Walker

The Metric of the Universe

$$ds^2 = -dt^2 + a(t)^2 \left( \frac{d\tilde{r}^2}{1 - k\tilde{r}^2} + \tilde{r}^2d\Omega^2 \right)$$

### 5.2 Friedman Equations

First Friedman Equation

$$\left( \frac{a'(t)}{a(t)} \right)^2 = H(t)^2 = \frac{8\pi G\rho}{3} - \frac{k}{a(t)^2}$$

Expansion velocity

$$v = H(t)l = \left( \frac{a'(t)}{a(t)} \right)l$$

Second Friedman Equation

$$\frac{a''(t)}{a(t)} = -\frac{4\pi G}{3}(\rho + 3P)$$

Equation of State

$$P = w\rho$$

Various equations of state

$$w = \frac{1}{3} \rightarrow \text{Radiation} \Rightarrow \rho \propto a^{-4}$$

$$w = 0 \rightarrow \text{Dust} \Rightarrow \rho \propto a^{-3}$$

$$w = -\frac{1}{3} \rightarrow \text{Cosmic String} \Rightarrow \rho \propto a^{-2}$$

$$w = -\frac{2}{3} \rightarrow \text{Domain Walls} \Rightarrow \rho \propto a^{-1}$$

$$w = -1 \rightarrow \text{Cosmological Constant}$$

$$\Rightarrow \rho \propto a^0 = 1$$

### 5.3 Cosmological Redshift

## 6 Useful Identities

$$\eta^{\rho\nu}\eta_{\nu\mu} = \delta^\rho_\mu$$

$$\nabla_\mu T^{\mu\nu} = \nabla_\nu T^{\mu\nu} = 0$$

$$g^{\mu\nu}g_{\nu\mu} = g^\mu_\mu = 4$$

$$\nabla_\rho g_{\mu\nu} = 0$$

$$\frac{d}{d\tau}(u_\rho u^\rho) = 0$$